

## **YEAR 1**

### **Monday**

#### **PE**

Any of the following activities are a great way to encourage movement throughout the week. Why not get the whole family involved?

- Joe Wicks- [https://www.youtube.com/results?search\\_query=the+body+coach](https://www.youtube.com/results?search_query=the+body+coach)
- Go Noodle - <https://family.gonoodle.com/activities/banana-banana-meatball>
- Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

#### **Phonics**

- Have a look at the games on the Phonics Play website. <https://new.phonicsplay.co.uk/>

#### **Reading**

- Spend around 20 minutes sharing a book together.
- Watch the staff from CHPA read a story on the school website and discuss the main events. Which was your favourite part of the story? Can you think of a different ending?
- Share a story together. Who is your favourite character? Why? Can you describe them?

#### **Writing**

- Write a few sentences about your weekend in the style of a diary. Remember to use capital letters, finger spaces and full stops. Can you include an adjective?

#### **Maths**

- Practise counting in 2s, 5s and 10s. Can you count forwards and backwards? Look around your house for objects that you could group into 2s, 5s and 10s e.g. socks, or how many fingers and toes are in your house.

#### **Art**

Draw with Rob

<http://www.robbiddulph.com/draw-with-rob>

## Tuesday

### PE

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### Phonics

- Go on a phonics walk around your house or garden. Choose a phoneme and find as many items with that phoneme as you can.

### Reading

- Spend around 20 minutes sharing a book together.
- Choose a text to read aloud to someone in your family. Practise reading a couple of sentences using different voices to support fluency e.g. happy voice, tired voice, grumpy voice, excited voice.

### Writing

- Watch Zog by Julia Donaldson. <https://www.bbc.co.uk/iplayer/episode/b0bwdw8y/zog>
- Act out the story using members of your family, toys or even make your own little models.

### Maths

- Practise counting in 2s, 5s and 10s as yesterday. Use a range of objects to group into 2s, 5s, 10s eg pasta tubes, pencils, toys etc. What symbols could you use to record this? E.g.  $2 + 2 + 2 = 6$ ,  $2 \times 3 = 6$  or  $5 + 5 + 5 + 5 = 20$ ,  $4 \times 5 = 20$

## Wednesday

### PE

Any of the following activities are a great way to encourage movement throughout the week. Why not get the whole family involved?

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- Go Noodle - <https://family.gonoodle.com/activities/banana-banana-meatball>
- Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

### Phonics

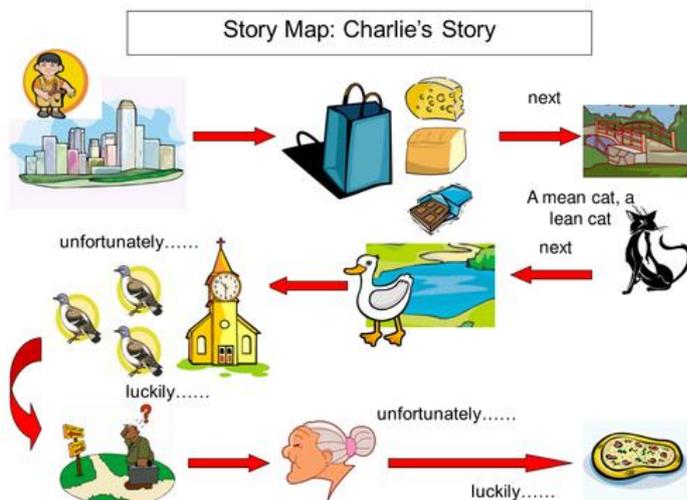
- Have a look at the games on the Phonics Play website. <https://new.phonicsplay.co.uk/>

### Reading

- Spend around 20 minutes sharing a book together.
- Read your favourite story. Who is your favourite character? Why? Can you describe them?
- Watch the staff from CHPA read a story on the school website and discuss the main events. Which was your favourite part of the story? Can you think of a different ending?

### Writing

- Create a story map of Zog. You might want to do: the beginning, your favourite skills that Zog learnt, and the end of the story. Can you add in some story language? Can you add in any adjectives (describing words)?  
See this example of a story map for support.



### Maths

- Place value sheet – attached. Can you write how many tens and how many units?

### Geography

- Look at the map of the UK. Use an atlas or the internet to name the 4 countries. Can you label the seas?

## Thursday

### PE

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### Phonics

- Have a look at the games on the Phonics Play website. <https://new.phonicsplay.co.uk/>

### Reading

- Spend around 20 minutes sharing a book together. Read aloud to other members of your family. Why not FaceTime/Video call a friend or relative and share a story together?

### Writing

- Watch the story of Zog again. Can you write down all the nouns, verbs and adjectives from the story? <https://www.bbc.co.uk/iplayer/episode/b0bwdw8y/zog>

### Maths

- Can you tell the time using o'clock and half past? Use clocks around your house and the interactive clock to show someone you can tell the time. Try and challenge yourself to learn quarter past and quarter to.

<https://www.visnos.com/demos/clock>

### Geography

- Look at the map of the UK again. Choose one of the capital cities and research on the internet. Can you find 5 facts about your chosen capital city? Write them in sentences.

## Friday

### PE

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- Go Noodle - <https://family.gonoodle.com/activities/banana-banana-meatball>
- Cosmic Kids Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

### Phonics

- Have a look at the games on the Phonics Play website. <https://new.phonicsplay.co.uk/>

### Reading

- Spend around 20 minutes sharing a book together.
- Have a look at the 'Stop telling fibs' comprehension activity. Can you answer the questions?

### Writing

- Choose a picture from the story of Zog. Can you describe Zog? Write sentences about Zog. Remember to include a capital letter, finger spaces and a full stop in each sentence. Can you include an adjective?

### Maths

- Can you write down the number bonds to 10 and then 20? Next try completing the sheet attached or try and challenge yourself to write them in different colours or in the fastest time.