

# Communicating

## Activity 1 – Giving instructions

### Create an obstacle course and direct players around it

#### What to do

- Explain that your child will be making an obstacle course for members of your household. Talk about the different equipment you might use and collect it together.
- Look at what you have collected and talk about how you might use it, where the course will begin and end and what sorts of different obstacles might be fun.
- Work together to set up the course, letting your child take the lead and discussing any safety issues as you go. Encourage your child to test out each obstacle as it is assembled. Encourage them to talk about what users must do.
- Assemble the players and ask your child to introduce the course, instructing them what to do for each part. They will enjoy coaching people through each obstacle.

#### What you need

Things that can be used to make different obstacles in the course: e.g. *hula hoop, cones, chalk drawn shapes on ground, cuddly toys, dress up clothes, furniture, blankets, outdoor toys*



#### Extension

Take the course through your home and into the garden if possible.  
Arm your child with a timer. Who is the fastest?  
Name the different obstacles, e.g. *Chair Scramble*  
Create some medals/certificates and award to players showing most skill, best effort, funniest face etc.

#### Questions to ask

What is an obstacle course? What could we use to make one?  
Where will it begin/end?  
How will players know what to do?  
What will help to encourage the players?