



Charnock Hall Primary Academy

A L.E.A.D. Academy

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Headteacher: Mr P M Burgess - NPQH

Wednesday 31st January 2024

RE: Reminder of banning nut-based products from CHPA

Dear Parent / Carer,

As a follow up to previous correspondence before Christmas, I'd like to remind you that we have an increasing number of pupils at CHPA who have nut allergies. Anaphylaxis (allergic reaction) can occur as a result of **digestion, inhalation** or **any other contact** with nut-based products. For their safety, all nut-based products have been banned from CHPA premises. Unfortunately, this communication is having to be sent as again previous correspondence has not been followed by some parents and as a result, could put those with allergies at risk.

Please do not send your child with any nut-based product for packed lunch / snack – this includes products that may contain traces of nuts.

Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child with them – it is not always apparent that products contain nuts.

We also ask that, if your child consumes any nut-based product before the start of the CHPA day, they wash their hands thoroughly and rinse their mouth before entering the CHPA grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of **all** pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts could cause a severe and potentially life-threatening reaction.

Due to the severity of the allergy, if any pupil is found with a nut-based product after this letter has been distributed, staff will confiscate it and contact parents straight away.

If pupils require snacks at break-time, these should only be healthy, such as fresh or dried fruit. Please ensure these items are stored separately from packed lunches. EYFS and Key Stage 1 pupils will continue to be provided with a piece of fruit, daily.

Regards

Mr P M Burgess

Headteacher